

# **Putting Together the Pieces to Manage**

# CHILDHOOD **ASTHMA**

It's time to overcome the heavy burden of childhood asthma. Although we don't have all the pieces of the childhood asthma puzzle, we know enough to better manage this chronic condition and help millions of families across America.

### Most People Don't Realize That...

every children has asthma<sup>1</sup>



**LOW INCOME** &MINORITY

children bear the heaviest burden of the disease<sup>3</sup>

Asthma accounts for children missing



school days a year<sup>4</sup>

#### And Many Have No Idea How Costly and Serious Asthma Can Be

combined national cost for healthcare and missed school and work days attributed to childhood asthma<sup>5</sup>



spent on children with asthma compared to children without asthma<sup>6</sup>

#### It's Time to Manage Asthma Where Children Live, Learn and Play











## **Reducing Triggers Can Cut Asthma Attacks**

Less than of people with asthma reported being taught how to avoid triggers<sup>7</sup>



For some children, in-home visits to identify and remove asthma triggers can cut the rate of ER visits and asthmarelated hospitalizations by at least half8



## Managing Asthma at School is Key to Healthier Children



monitoring students' health, providing care coordination, reducing triggers and helping implement asthma action plans<sup>9</sup>

School nurses can help by

visits can reduce asthmarelated school absences by

Care coordination and home



# **Expanding the Healthcare Team Can Improve Asthma**

the primary place where as many as

Community health

centers serve as

children receive care<sup>11</sup>

Families adopt Coordinate care and behaviors to reduce improve a families'

Asthma counselors/

educators can help

enhance quality of life

symptoms and

with health care providers<sup>12</sup> Creating & Improving Policies Can Help Children with Asthma

ability to communicate



#### policy, advocacy and Several federal agencies

Medicaid expansion

under the Affordable

Federal Action Plan to help reduce childhood athma

developed a

Coordinated

Care Act could cover more children with asthma<sup>14</sup> disparities<sup>13</sup>

the Childhood Asthma Leadership Coalition. which seeks to advance public policies to improve the health of children who suffer from asthma15

research groups are part of

Better access to quality, affordable care plus healthier communities can reduce costs and improve health for millions of children with asthma.

To learn more about addressing the complex and growing problem of childhood asthma, visit www.mcanonline.org.



References

- 2. Wang L., Zhong Y., Wheeler L. Direct and indirect costs of asthma in school-age children. Prev Chronic Dis. 2005 Jan. Available from: http://www.cdc.gov/pcd/issues/2005/jan/04\_0053.htm
- 3. Akinbami, L.J., Mooreman, J.E., Bailey, C., Zahran, H., King, M., Johnson, C., & Liu, X. Centers for Disease Control and Prevention, National Center for Health Statistics. (2012). Trends in asthma prevalence, health care use, and mortality in the United States, 2001-2010. Retrieved from http://www.cdc. gov/nchs/data/databriefs/db94.pdf
- **4.** Akinbami, L.J. (2006). The state of childhood asthma, United States, 1980-2005. Hyattsville, MD: National Center for Health Statistics. Retrieved from http://www.cdc.gov/nchs/data/ad/ad381.pdf 5. Social and Economic Costs. In Asthma Facts and Figures. http://www.aafa.org/display.cfm?id=9&sub=42
- **6.** Markus, A., Lyon, M., Rosenbaum, S., (2010, March). Changing Policy: The Elements for Improving Childhood Asthma Outcomes. Retrieved from http://www.mcanonline.org/files/ChangingpO2licyReport.pdf
- 7. Asthma is increasing every year in the US. In CDC Vital Signs: Asthma in the US. (2011). Retrieved from http://www.cdc.gov/VitalSigns/Asthma/
- **8.** Markus, A., Lyon, M., Rosenbaum, S., (2010, March). Changing Policy: The Elements for Improving Childhood Asthma Outcomes. Retrieved from http://www.mcanonline.org/files/ChangingpO2licyReport.pdf
- **9.** The Evolving Role of the School Nurse in Treating and Managing Childhood Asthma at School and at Home. (2012). Retrieved from http://www.mcanonline.org/files/NASNWebinarSlides.pdf
- **10.** Mansfield, C., Viswanathan, M., Woodell, C., Nourani, V., Ohadike, Y., Kennedy Lesch, J. (2011). Outcomes From a Cross-Site Evaluation of a Comprehensive Pediatric Asthma Initiative Incorporating Translation of Evidence-Based Interventions. Supplement to the Health Promotion Practice. 12, 59S.
- **11.** Community Health Centers Addressing Childhood Asthma: The CHAMPS Partnership. In Community Health Center Spotlight. (2012). Retrieved from http://www.ncsl.org/issues-research/health/community-health-centers-spotlight.aspx **12.** Mansfield, C., Viswanathan, M., Woodell, C., Nourani, V., Ohadike, Y., Kennedy Lesch, J. (2011). Outcomes From a Cross-Site Evaluation of a Comprehensive Pediatric Asthma Initiative Incorporating Translation of Evidence-Based Interventions. Supplement to the Health Promotion Practice. 12, 57S.
- 13. President's Task Force on Environmental Health Risks and Safety Risks to Children. (2012). Retrieved from http://www.epa.gov/childrenstaskforce/federal\_asthma\_disparities\_action\_plan.pdf
- 14. About the Childhood Asthma Leadership Coalition. (2012). Retrieved from http://www.childhoodasthma.org/?page\_id=15

**15.** Holahan J., Buettgens M., Carroll C., and Dorn S. The Cost and Coverage Implications of the ACA Medicaid Expansion: National and State-by-State Analysis. The Urban Institute and Kaiser Commission on Medicaid and the Uninsured. November 2012. Available at: http://www.kff.org/medicaid/upload/8384.pdf.