Goals for Getting Rid of Mold

- Use the air conditioner in warm weather; do not use a humidifier.
- Dry all mops and rags before storing.
- Rinse mildewed shower curtain and other bathroom areas with 1 part bleach to 9 parts water once a week.
- Hang up wet towels and laundry to dry; do not pile in basements or other damp areas.
- Use a fan or open a door or window to ventilate the bathroom during showers and baths.
- Clean the kitchen with 1 part bleach to 9 parts water once a week when the person with asthma is not at home.
- Throw out old newspapers, books, and magazines.
- Limit the number of plants, especially in the bedroom.
- Vent the clothes dryer to the outside.
- Open a window if clothes are hung up to dry indoors.
- Avoid rooms that have a musty smell and/or appear to have mold, such as the basement.

Developed as a part of the CHAMPS program.