

Highlights of Federal Guidance and Strategies Supporting Residential Asthma Interventions

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To Review

- National Asthma Education and Prevention Program (NHLBI, 2007)
- Guide to Community Preventive Services (CDC, 2008)
- Federal Action Plan to Reduce Racial and Ethnic Asthma Disparities (2012)
- Advancing Healthy Housing: A Strategy for Action (2013)

National Asthma Education and Prevention Program (NAEPP) Guidelines for the Diagnosis and Management of Asthma

Effective asthma care must be comprehensive and include four key components:

- Assess and monitor asthma severity and patient ability to manage and control
- Educate to improve self-management skills of the patient and their family
- Reduce environmental exposures that worsen asthma
- Use appropriate medications



3

NAEPP Guidelines: Education for self-management

- Asthma Self-Management Education at Multiple Points of Care:
 - clinic, ED, pharmacy, schools, homes
- Tools for Asthma Self-Management:
 - asthma action plans
- Establish and Maintain a Partnership:
 - health literacy and cultural sensitivity
- Provider Education:
 - implementing guidelines, communication techniques, clinical decision support, systems-based intervention

4

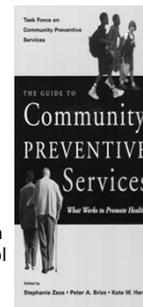
NAEPP Guidelines: Recommendations on in-Home Control of Asthma Triggers

- Evaluate the potential role of allergens and irritants
 - Identify allergen and pollutants/irritant exposures
 - Persistent asthma: use skin or *in vitro* testing to assess sensitivity to perennial indoor allergens
- Advise patients to reduce exposure to allergens and pollutants/irritants
 - Multifaceted allergen control educational programs provided in the home setting can help patients reduce exposure to cockroach, dust-mite, and rodent allergens and, consequently, improve asthma control.

5

The Guide to Community Preventive Services

- Established by HHS in 1996 and administered by the CDC
- Directed by the Task Force on Community Preventive Services (non-federal organization)
- Conducts rigorous systematic reviews of evidence for community interventions
- Conducted a review of home-based, multi-trigger, multi-component interventions with an environmental focus to improve asthma control in children and adolescents (completed: 2008)
- <http://www.thecommunityguide.org>



Community Guide Conclusions (1)

- For children and adolescents:
 - Multi-component, multi-trigger home-based environmental interventions are effective in improving overall quality of life and productivity in children with asthma.
 - The benefits of these interventions can match or exceed their program costs
- For adults:
 - The effectiveness of these interventions are inconclusive due to the small # of studies and inconsistent results.

7

Community Guide Conclusions (2)

- **Home-based:** at least one home visit conducted by someone with training or experience
- **Multi-component:** at least two components (asthma-related education, self-management, env. remediation, social services, coordinated care), including at least one environmental component:
 - Environmental Assessment
 - Environmental Remediation
 - Environmental Education
- **Multi-trigger:** targets two or more potential asthma triggers

8

Environmental Remediation Intensity

Minor	Moderate	Major
Environmental assessment Pillow and mattress covers	Dehumidifiers HEPA filters Vacuums Integrated pest management Minor repairs	New form of HVAC Insulation Re-roofing Removal of water damaged materials

Asthma Disparities Action Plan Received a High Level Launch (May 31, 2012)

11

President's Task Force on Environmental Health Risks and Safety Risks to Children

Organization:

- Cabinet level, inter-agency task force co-chaired by the EPA Administrator and DHHS Secretary

TF Mission:

- Identify priority issues of environmental health and safety risks to children that can best be addressed through interagency efforts
- Recommend and implement interagency actions
- Communicate to federal, state, and local decision makers information to protect children from risks

Priority Areas:

- Asthma Disparities
- Settings where children live, learn, and play (e.g., healthy homes)

Focus of the Action Plan to Reduce Racial and Ethnic Asthma Disparities

The focus of the plan is on: *“preventable factors that contribute to disparities in the burden of asthma”*, including:

- Barriers to the implementation of guidelines-based asthma care:
 - Medical care factors
 - Physical and psychosocial environmental factors
- Lack of local capacity to deliver community-based, integrated, comprehensive asthma care
- Gaps in capacity to identify and reach children most at risk

13

Taking Action: Four Key Strategies

14

Strategy 1: Reduce barriers to the implementation of guidelines-based asthma management

Priority Actions:

- 1.1 Explore strategies to expand access to asthma care services
 - including: patient education, home interventions, medications, subspecialty services when needed
- 1.2 In health care settings, coordinate existing federal programs in underserved communities to improve the quality of asthma care
- 1.3 In homes, reduce environmental exposures
- 1.4 In schools and child care settings, implement asthma care services and reduce environmental exposures

15

Strategy 2: Enhance local capacity to deliver integrated, comprehensive care

Priority Actions:

- 2.1 Promote cross-sector partnerships among federally supported, community-based programs targeting children with a high burden of asthma.
 - (e.g., tobacco control, obesity prevention, radon, healthy homes, weatherization, lead hazard control)
- 2.3 Conduct research to evaluate models of partnerships that empower communities to identify and target disparate populations and provide comprehensive, integrated care at the community level.

16

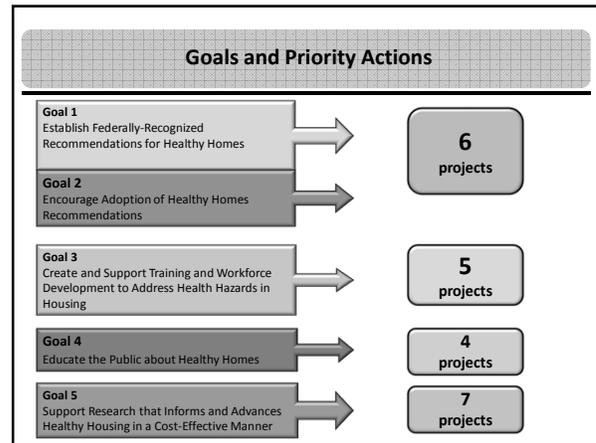
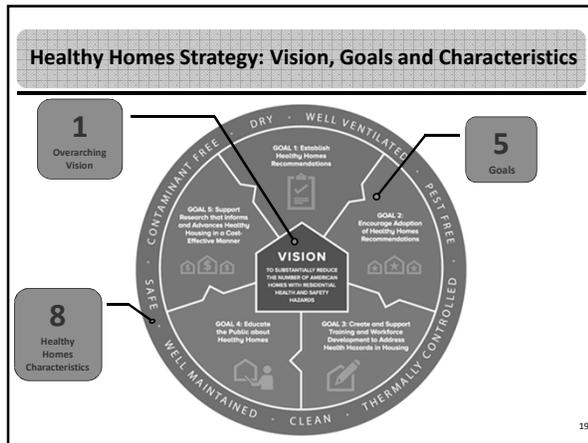
Advancing Healthy Housing: A Strategy for Action

17

Advancing Healthy Housing: A Strategy for Action

- Released on Feb. 4, 2013 by the President’s Task Force on Env. Health/Safety Risks to Children
- Interagency press event with Cabinet-level support
 - HUD Secretary
 - Shaun Donovan
 - EPA Administrator (former)
 - Lisa Jackson
 - U.S. Surgeon General (former)
 - Dr. Regina Benjamin
 - Deputy Secretary of Energy
 - Daniel Poneman
 - Council on Environmental Quality Chair
 - Nancy Sutley

18



- ### Healthy Homes Strategy: Priority Actions of Particular Relevance for Summit
- ❖ Strengthen federal efforts to reduce public health risks in housing.
 - ❖ Support pilot projects to incorporate healthy homes concepts into existing federal programs.
 - ❖ Strategically target healthy homes activities to support the needs of underserved populations.
 - ❖ Acknowledge and incorporate work promoting approaches that support health equity.
 - ❖ Encourage pilots or demonstration programs that advance healthy housing.

Thank you!

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The Federal Action Plan to Reduce Asthma Disparities is available at: www.epa.gov/childrenstaskforce

The Healthy Homes Strategy for Action is available at: http://portal.hud.gov/hudportal/HUD?src=/program_offices/healthy_homes/advhh

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