Medicaid Opportunities for Asthma Care

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Traditional Medicaid Benefits for Asthma

• Physician visits
• ER & Hospital visits
• Children: EPSDT
  – “medically necessary” home health services for EPSDT children
• Pharmacy
• Disease Management
EPSDT
(Early and Periodic Screening, Diagnostic, and Treatment Services)

• Children under age 21 are assured coverage for preventative and comprehensive health services

• The EPSDT benefit includes screening, vision services, dental services, hearing services, and other services necessary to correct or improve health conditions discovered through screenings

• A physician can prescribe a health educator visit
Targeted Case Management

• Services which assist individuals in gaining access to needed medical, social, educational and other services.

• Example: Creating individualized asthma care managements & emergency plans.
  – Ongoing education on methods to minimize symptoms & control conditions & connection to outside services when needed etc.
Managed Care Model

• Coordinating care for beneficiaries through an integrated delivery system and providing accountable, innovated care management for better health outcomes, accessibility and cost savings.

• States can specify in contractual agreements:
  – Community-based asthma interventions
  – Data and Quality Measures
New and Increased Opportunities for Asthma Prevention and Treatment
Immediate Impacts of Patient Protection and Affordable Care Act of 2010

- Elimination of the pre-existing condition exclusion
- Medicaid Expansion: Adult population, increased income eligibility
- Creation of Healthcare Marketplace
- CMS’ Innovation Center
ACA Provisions for Medicaid Asthma Care

• Emphasis on Preventive Programs
  – Incentives for States
  – Opportunities for Alternative Care Treatment

• Social Models that can support Asthma Care
  – Health Homes
  – Accountable Health Communities
Incentives for Preventive Programs

• Section 4106 and 4107 Preventive Services – Increase in the Federal Matching rate paid to States that have met all requirements on preventive services for chronic disease
Opportunities for Alternative Care Treatment

- States can now choose to reimburse for preventive services “recommended by a physician or other licensed practitioner…within the scope of their practice under State law.”

  - Could include home visitation case management for care coordination and education.
Health Homes
Whole-Person Philosophy for Persons with Chronic Conditions

– Comprehensive care management
– Care coordination
– Health promotion
– Comprehensive transitional care/follow-up
– Patient & family support
– Referral to community & social support services
Accountable Health Communities

The foundation of the AHC Model is universal, comprehensive screening for the health-related social needs of community-dwelling Medicare and Medicaid beneficiaries.
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