

# Prevention under the Affordable Care Act: Opportunities for Asthma

Dalton Paxman, PhD  
Regional Health Administrator  
OASH, Region III



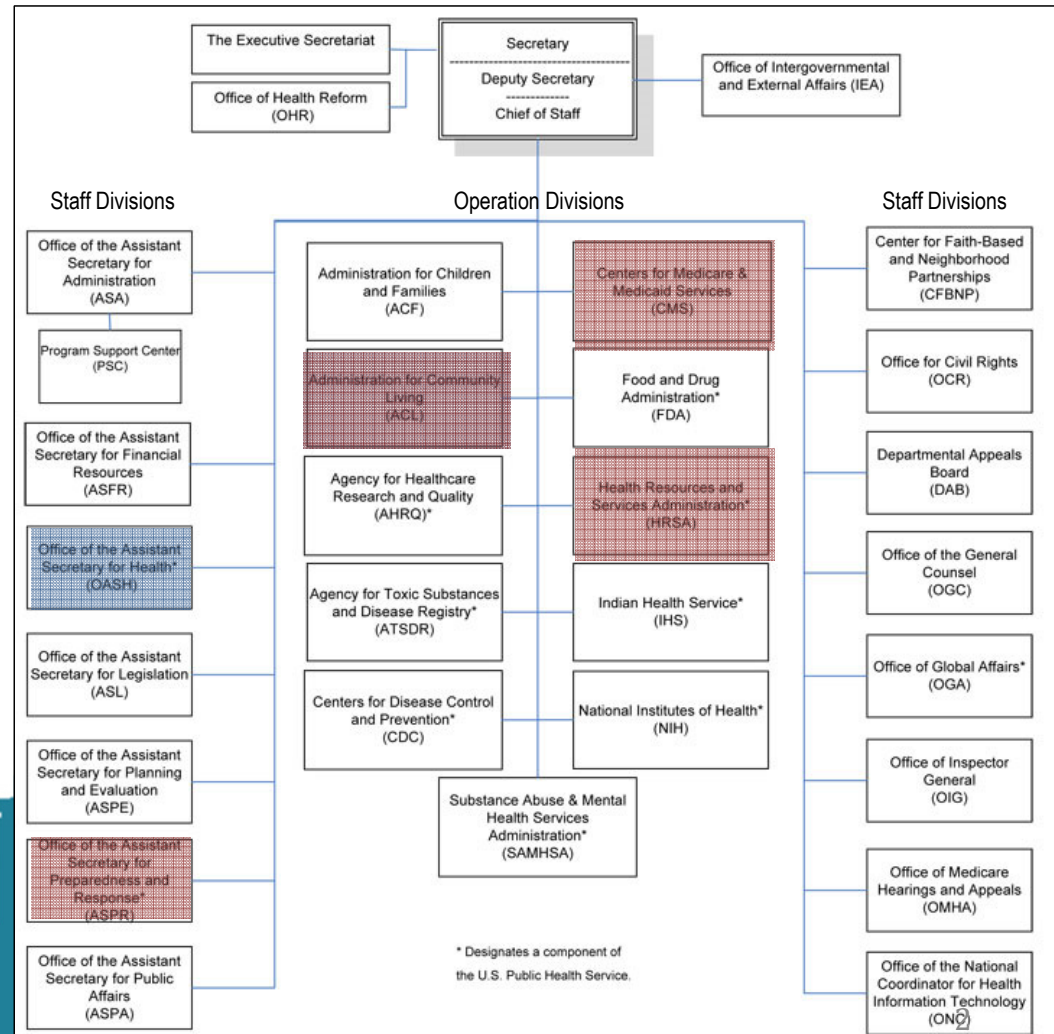
# Department of Health and Human Services

Organizational Structure

**It's all about Collaboration!**

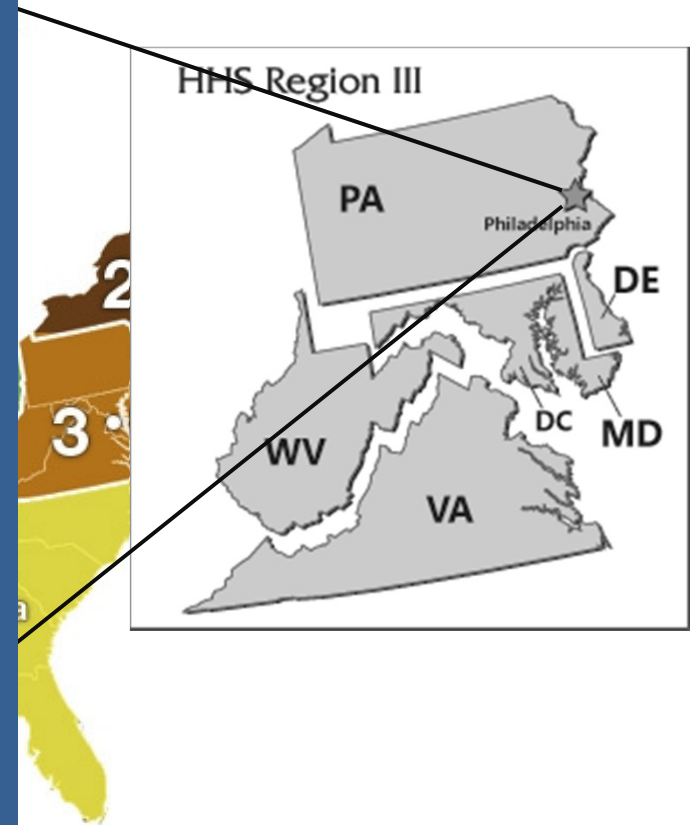
Our Regional HHS Partners:

ACL/AoA  
ACF  
CMS  
HRSA  
CDC (ATSDR)



**Offices:**  
Minority Health  
Family Planning  
Women's Health  
HIV/AIDS  
Medical Reserve Corps

**Initiatives:**  
ACA Outreach  
Vaccines  
Let's Move!  
Million Hearts  
Tobacco (TFCCI)



# Prevention and Asthma

## 1. Expands Access to Healthcare

- Medical Homes
- Community Health Centers
- CMMI—innovation Awards

## 2. Prevention and Public Health

- Clinical Preventative Services
- National Prevention Strategy
- Health Disparities

## 3. Tobacco Prevention and Cessation

- Surgeon General's Report
- Tobacco Resources
- Importance of Local Laws

## 4. Integrating Clinical Medicine and Public Health



## March 23, 2010: A New Day For Health Care

*"After a year of striving,  
after a year of debate,  
after a historic vote,  
health care reform is no  
longer an unmet promise.  
It is the law of the land."  
-- President Barack Obama*

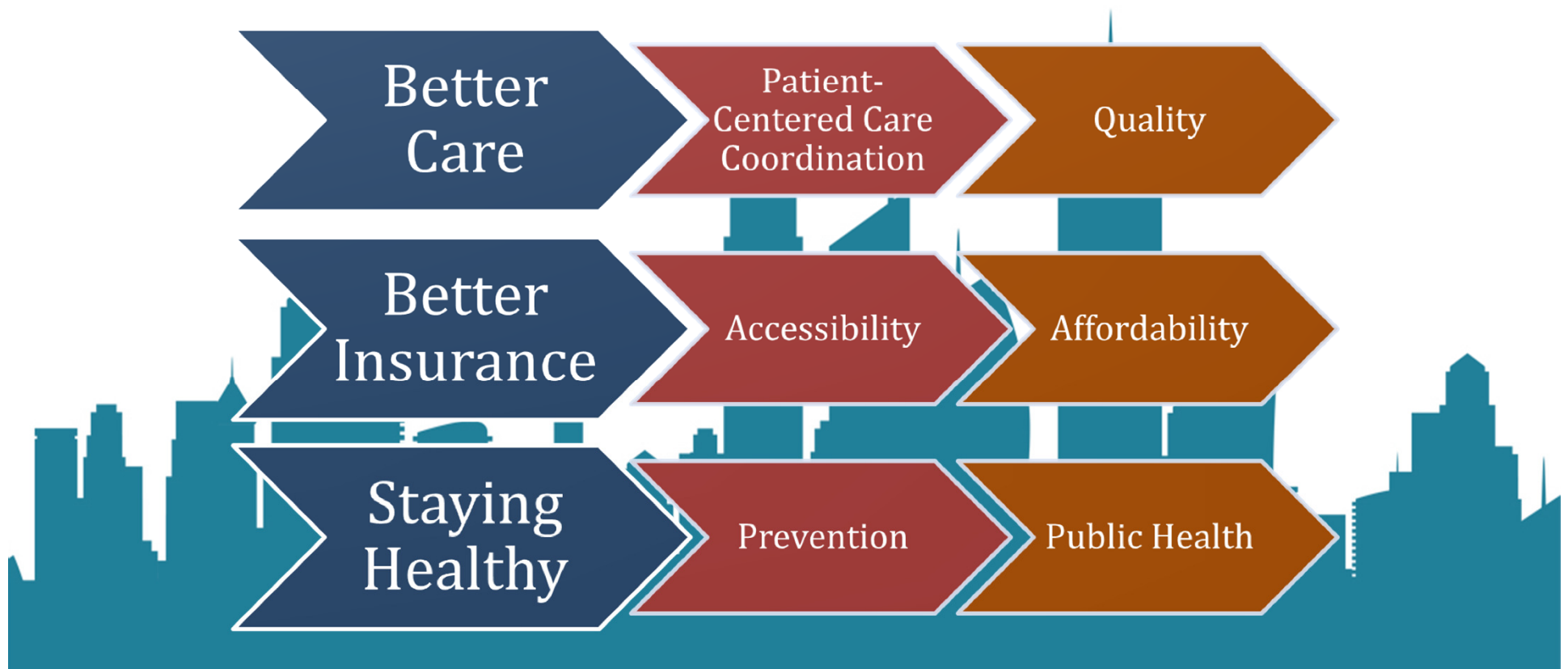


**APPROVED**

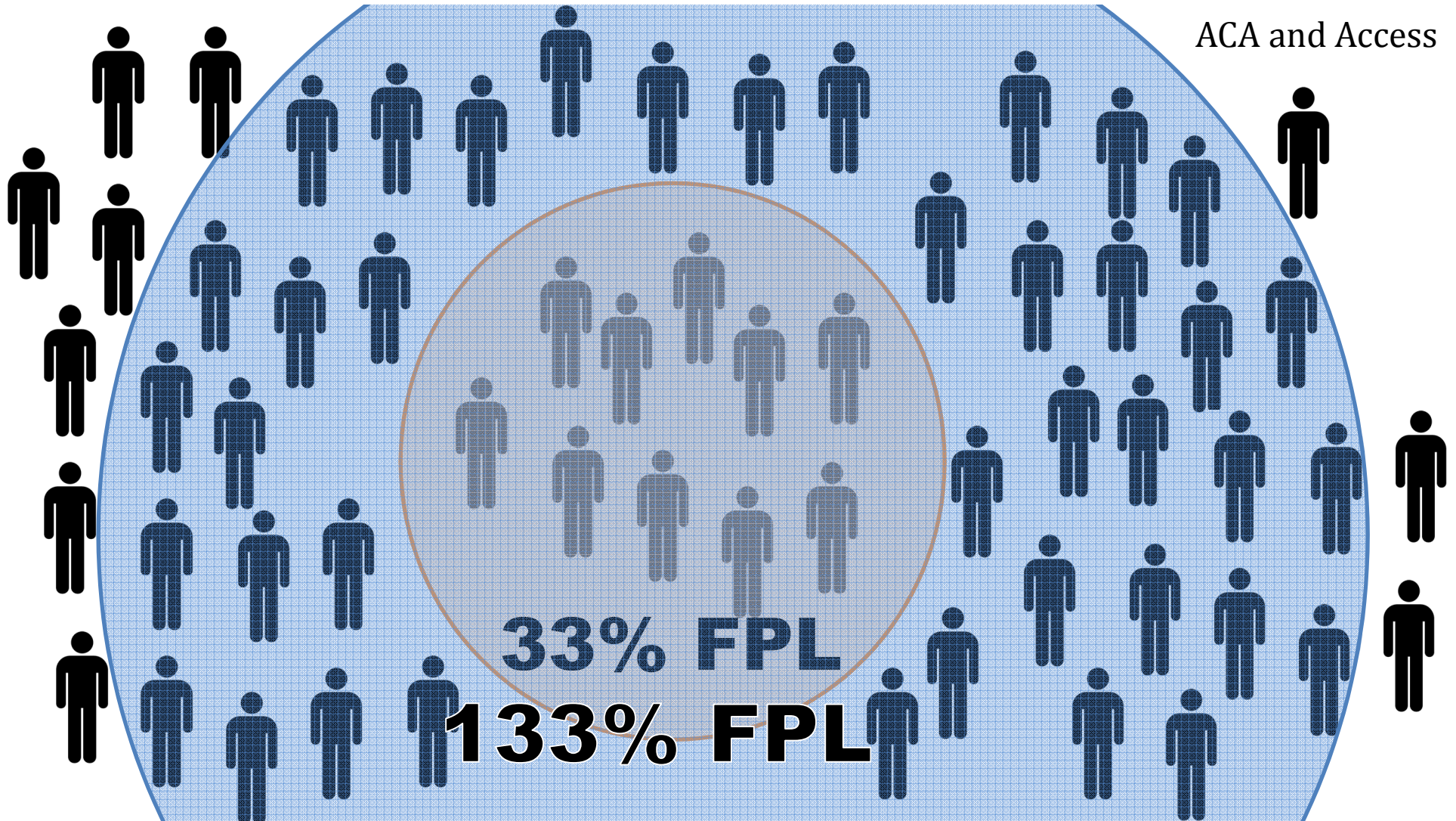
MAR 23 2010

*Barack Obama*

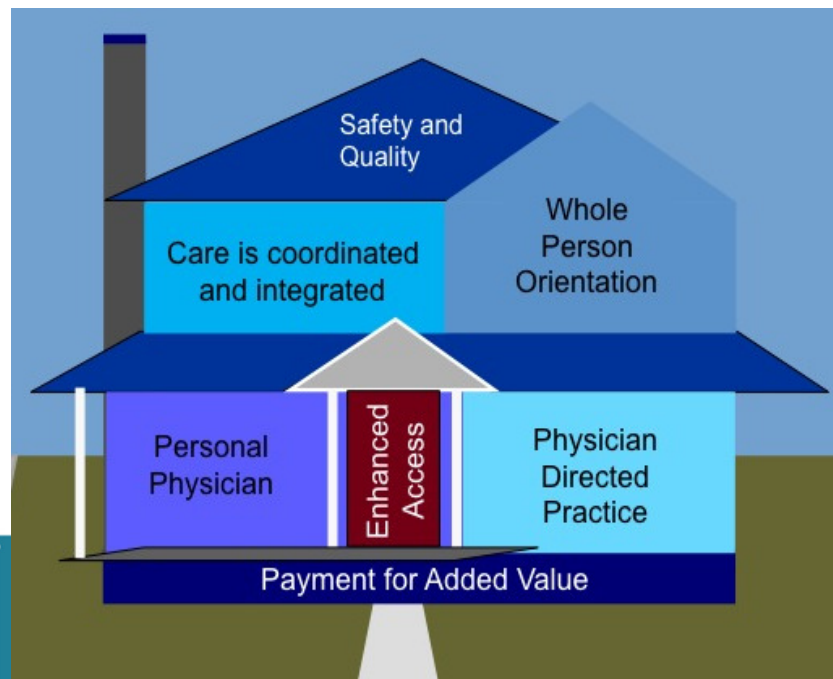
# Overriding Themes of the Affordable Care Act



ACA and Access



## MEDICAL HOME



## COMMUNITY HEALTH CENTERS

Community Health Center Fund provides \$11 billion over 5 a year period for the operation, expansion, and construction of health centers.





# **STATE MEDICAID PLANS**

Community- based  
childhood asthma  
interventions

# **CENTER FOR MEDICAID AND MEDICARE INNOVATION**

Testing innovative payment and  
service delivery models

# Prevention & Public Health

Americans receive only about **half** the clinical preventive services that are recommended



Staying  
Healthy!

Prevention

Public  
Health

The Affordable Care Act fosters prevention at multiple levels:

- Individuals
- Businesses
- States
- The Nation

Reference: "Promoting Prevention through the Affordable Care Act" Koh, H and Sebelius K, *New England Journal of Medicine*, September 20, 2010

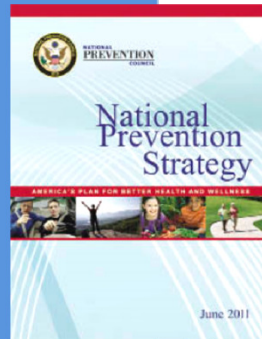
# ESSENTIAL HEALTH BENEFITS

Free preventive care and annual checkups. No more co-pays for proven preventative measures like immunizations and screenings.

Starting in 2014, all insurance plans will have to have these 10 basic features:

- Emergency services
  - Hospitalizations
- Laboratory services
  - Maternity care
- Mental health and substance abuse treatment
  - Outpatient, or ambulatory, care
    - Pediatric care
- Prescription drugs
  - Preventive care
- Rehabilitative and habilitative (helping maintain daily functioning) services
- Vision and dental care for children

# National Prevention Strategy

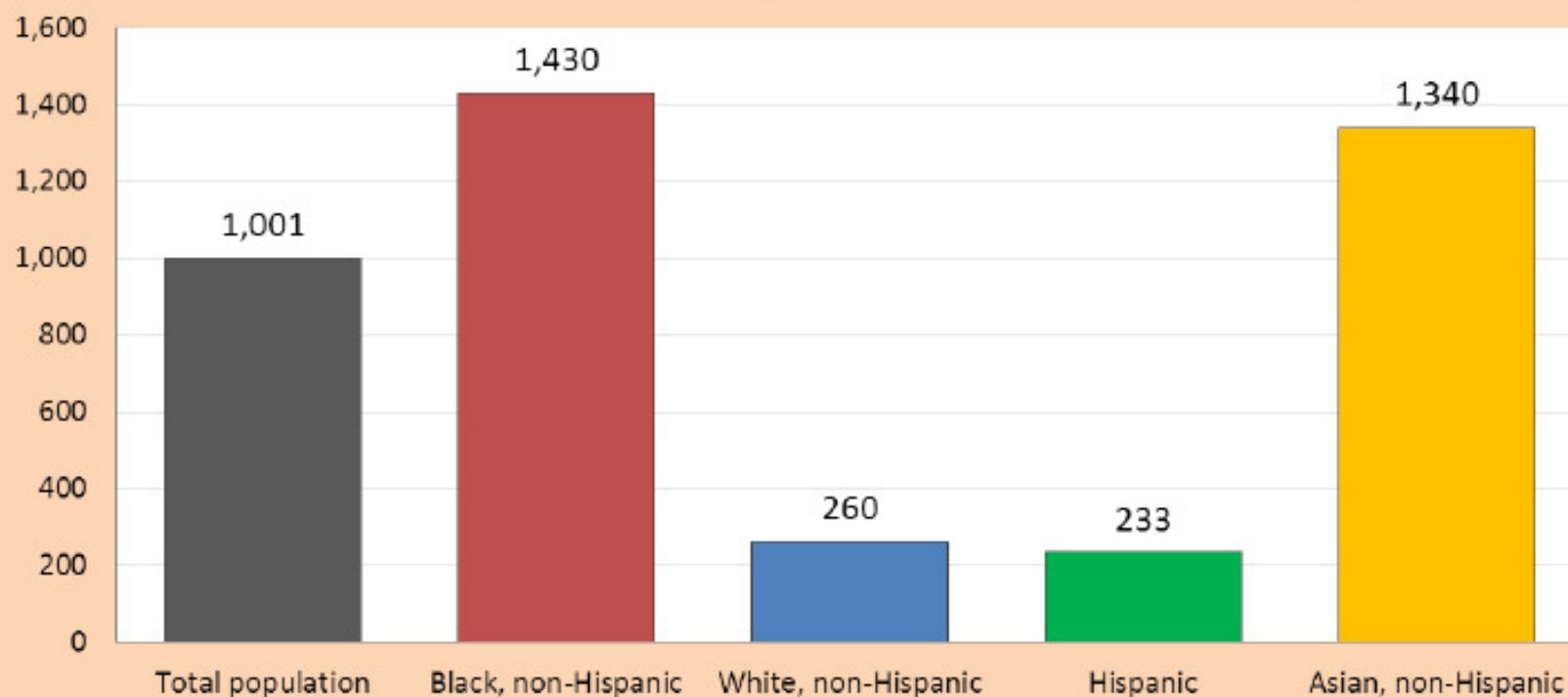


## Principles and Approach:

- Prioritize prevention and wellness
- Promote high impact, evidence based scalable interventions
- Establish a cohesive federal response
- Focus on preventing leading causes of death and underlying factors



### Asthma hospitalization rate per 100,000 children, <18 years



Source: Pennsylvania Health Care Cost Containment Council, 2010

## In Philadelphia



# Public Health: HHS Action Plan to Reduce Racial and Ethnic Disparities (April 2011)

---

## 1. Transform Health Care

- Expand coverage
- Introduce quality initiatives
- Promote medical homes

## 2. Strengthen Health & Human Services Workforce

- New pipeline for recruiting students from underserved communities
- Expand & improve health care interpreting & translation
- Support community health worker training (*Promotores*)

## 3. Advance Nation's Health, Safety and Well-Being

- Implement Community Transf. Grants
- Targeted efforts to reduce tobacco-related and cardiovascular disease, childhood obesity, asthma, flu.

## 4. Advance Scientific Knowledge and Innovation

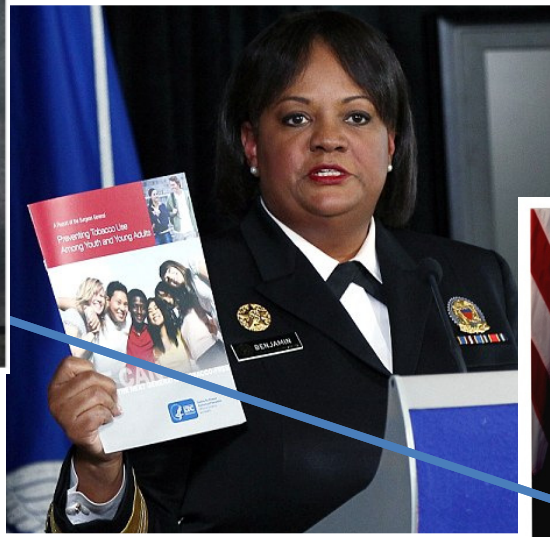
- Implement new health data collection & analysis strategy

## 5. Increase Efficiency, Transparency & Accountability of HHS Programs



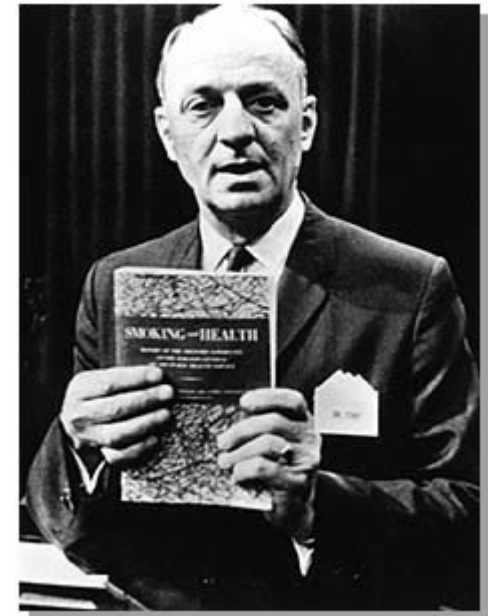
Present

Acting SG  
Boris Lushniak



Regina Benjamin

C. Everett Koop



Luther Terry

1964



# Smoking and Health

# Tobacco Resources

## Quitline



**DON'T GET MAD**  
**GET EVEN**  
CALL 1-800-QUITNOW FOR HELP

1-800-784-8669

BeTobaccoFree.gov

Search

Search

In memory of  
**Terrie & Nathan,**  
*Tips* campaign  
participants

Learn more  
about them



### FEATURES

◀ Tips From Former  
Smokers

Quit Now

The Facts About  
Smoking

The Dangers of  
Secondhand Smoke

ABOUT TOBACCO

HEALTH EFFECTS

QUIT NOW

DON'T START

SAY IT - SHARE IT

# Website



# Local Smoke-Free Laws Reduce Asthma Discharges

- County level smoke free laws were shown to be the most effective in reducing asthma discharges.

TABLE 4—Selected Results of Multivariate Analyses: Healthcare Cost and Utilization Project, United States, 2002–2009

Variables	Working-Age Adult Asthma, b (RSE)	Working-Age Adult Appendicitis, b (RSE)	Child Asthma, b (RSE)	Child Appendicitis, b (RSE)
Any state law	0.29 (0.42)		0.12 (0.25)	
Any county law	-2.44* (1.23)		-1.32* (0.67)	
State law × county law	1.32 (1.85)		0.51 (0.79)	
State law × county law	1.35 (1.82)	0.10 (0.08)	0.21 (0.18)	-0.04 (0.08)
Any county law	-5.44* (1.53)	-0.08 (0.13)	-1.35* (0.61)	0.12 (0.15)
Any state law	0.53 (0.45)	0.00 (0.04)	0.13 (0.32)	0.04 (0.03)

Source: “The Impact of Smoke Free Laws on Asthma Discharges: A Multistate Analysis” Landers, G. 12 Dec 2013

*Reformed*  
Healthcare  
System

The diagram features a teal city skyline at the bottom. A red oval encircles the text 'Reformed Healthcare System'. A yellow oval encircles the text 'Prevention and Public Health'. A white box with a blue border at the top right contains the text 'Patient Protection and Affordable Care Act'. Two black arrows originate from this box: one points to the red oval, and the other points to the yellow oval.

Patient Protection  
*and*  
Affordable Care Act

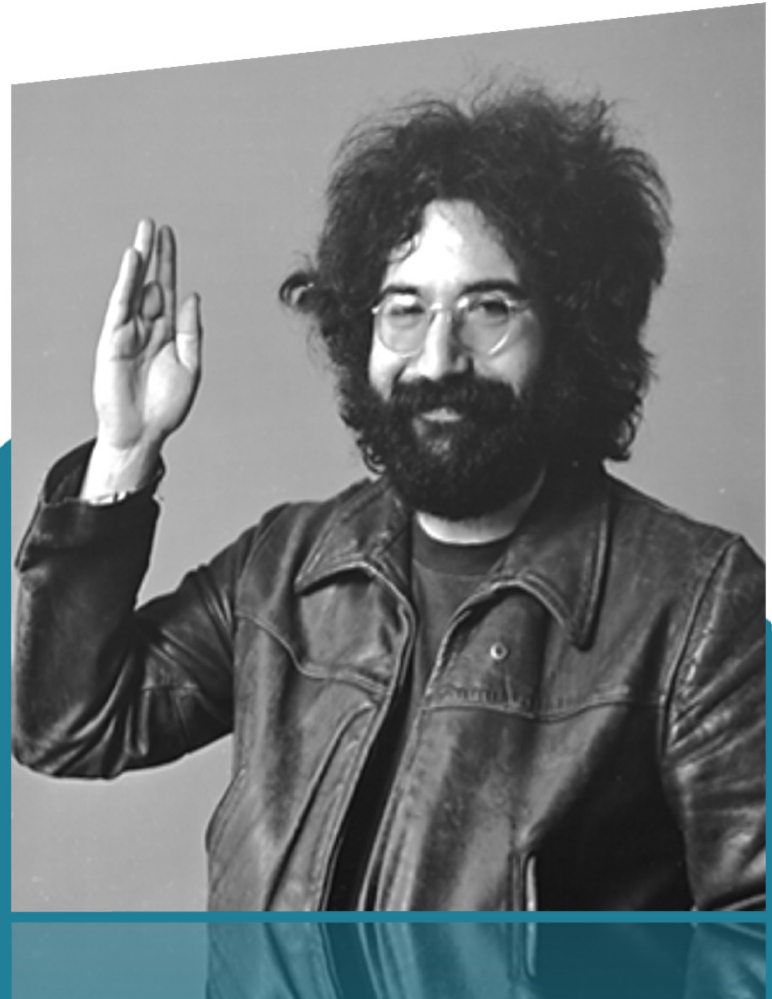
Prevention  
*and*  
Public Health



# Integrating Public Health and Clinical Medicine


“Somebody has to do something,  
and it’s just incredibly pathetic that  
it has to be us.”

—the late Jerry Garcia of the Grateful Dead



BeTobaccoFree.gov

1-800-QUIT-NOW  
(1-800-784-8669)



“The biggest change we can make isn’t *how* we provide health care – it’s *when*. Right now, we have a *sick* care system, and we need to invest in a *health* care system.”

-Kathleen Sebelius  
Secretary, Health and Human Services

# Questions?

For even more information on the ACA, visit [healthcare.gov](http://healthcare.gov)

Follow us on Twitter: @hhs.gov