## Environmental History Form for Pediatric Asthma Patient

Specify that questions related to the child's home also apply to other indoor environments where the child spends time, including school, daycare, car, school bus, work, and recreational facilities.

				Follow up/Notes
Is your child's asthma worse at night?	☐ Yes	□No	□ Not sure	
Is your child's asthma worse at specific locations?  If so, where?	□ Yes	□No	□ Not sure	
Is your child's asthma worse during a particular season? If so, which one?	□ Yes	□No	□ Not sure	
Is your child's asthma worse with a particular change in climate?  If so, which?	□ Yes	□No	□ Not sure	
Can you identify any specific trigger(s) that makes your child's asthma worse? If so, what?	□ Yes	□No	□ Not sure	
Have you noticed whether dust exposure makes your child's asthma worse?	☐ Yes	□ No	☐ Not sure	
Does your child sleep with stuffed animals?	☐ Yes	□ No	☐ Not sure	
Is there wall-to-wall carpet in your child's bedroom?	☐ Yes	□No	☐ Not sure	
Have you used any means for dust mite control?  If so, which ones?	□ Yes	□No	□ Not sure	
Do you have any furry pets?	☐ Yes	□No	☐ Not sure	
Do you see evidence of rats or mice in your home weekly?	☐ Yes	□No	☐ Not sure	
Do you see cockroaches in your home daily?	☐ Yes	□No	☐ Not sure	
Do any family members, caregivers or friends smoke?	☐ Yes	□No	☐ Not sure	
Does this person(s) have an interest or desire to quit?	☐ Yes	□ No	☐ Not sure	
Does your child/teenager smoke?	☐ Yes	□ No	☐ Not sure	
Do you see or smell mold/mildew in your home?	☐ Yes	□ No	☐ Not sure	
Is there evidence of water damage in your home?	☐ Yes	□ No	☐ Not sure	
Do you use a humidifier or swamp cooler?	☐ Yes	□No	☐ Not sure	
Have you had new carpets, paint, floor refinishing, or other changes at your house in the past year?	☐ Yes	□No	□ Not sure	
Does your child or another family member have a hobby that uses materials that are toxic or give off fumes?	☐ Yes	□No	□ Not sure	
Has outdoor air pollution ever made your child's asthma worse?	☐ Yes	□No	☐ Not sure	
Does your child limit outdoor activities during a Code Orange or Code Red air quality alert for ozone or particle pollution?	□ Yes	□No	□ Not sure	
Do you use a wood burning fireplace or stove?	☐ Yes	□No	☐ Not sure	
Do you use unvented appliances such as a gas stove for heating your home?	☐ Yes	□No	☐ Not sure	
Does your child have contact with other irritants (e.g., perfumes, cleaning agents, or sprays)?	☐ Yes	□No	☐ Not sure	
What other concerns do you have regarding your child's asthma that have not yet been discussed?				

 $Reference: Environmental\ Management\ of\ Pediatric\ Asthma: Guidelines\ for\ Health\ Care\ Providers\ www.neefusa.org/health/asthma/asthmaguidelines$ 



