Great Lakes Regional Asthma Summit
*Hosted by U.S. EPA & HUD*

American Lung Association
Asthma Care Coverage Project

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*Director, National Health Policy*
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Discussion

1. Background
2. Project Overview
3. Project Benchmarks
4. Project Methodology
5. Project Next Steps
Background

Tobacco Cessation Policy Project
Background

NAEPP Guidelines

1) Assessment and Monitoring of Patients with Asthma
2) Education about Asthma Self-Management
3) Control of Environmental Exposures that Affect Asthma
4) Medications to Treat Asthma
Background

2014 Asthma Guidelines Based Care Initiative
Asthma Care Coverage Project
Overview

Funding from the CDC National Center for Environmental Health

1. Increased availability of data on asthma guidelines base care coverage
2. Increased understanding of state Medicaid coverage as well as any gaps or deficiencies in coverage for asthma guidelines based care
3. Increased collaboration between diverse stakeholders
Asthma Care Coverage Project
Benchmark Document

1. Association of Asthma Educators
2. Asthma and Allergy Foundation of America
3. Asthma and Allergy Network
4. CDC
5. EPA
6. Green and Healthy Homes Initiatives
7. Lung Association Charter Organizations
8. Missouri State Asthma Program
9. NHLBI
10. Trust for America’s Health
11. National Center for Healthy Housing
Asthma Care Coverage Project
Benchmarks

Seven key components of coverage
1. Quick Relief Medications
2. Controller Medications
3. Medical Devices
4. Allergy Testing
5. Allergen Immunotherapy
6. Home Visits and Interventions
7. Self-Management Education
Asthma Care Coverage Project

Benchmarks

Home Visits & Interventions

• NAEPP Guidelines and Guide to Community Preventive Services

• 3 Components: education, assessment and intervention

• Minor Intensity Intervention
Asthma Care Coverage Project

Benchmarks

Nine related barriers to coverage

1. Age limits
2. Age restrictions
3. Co-payments
4. Durable medical equipment
5. Eligibility criteria
6. Prior authorization
7. Quantity limits
8. Specialty visit limitations
9. Stepped therapy
Asthma Care Coverage Project
Methodology

1. Data Collection
   • Documents Reviewed

2. Data Confirmation
   • State Medicaid Contacts

3. Online Publication

4. Webinar
**Quick Relief Medications:** Fast acting or quick relief medications are taken to provide immediate relief from the narrowing of airways in lungs and other acute symptoms of asthma.

<table>
<thead>
<tr>
<th>Quick Relief Medications</th>
<th>Covered?</th>
<th>Barriers?</th>
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**Controller Medications:** Control medications that need to be taken daily on a long-term basis to control persistent asthma.

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### Hypothetical State Data Example

#### Next Steps – Online Publication

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<th>Prior Authorization (PA)</th>
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</table>

**Source:** American Lung Association
American Lung Association’s
Additional Next Steps

Toolkits & Resources
THANK YOU

Lung.org/asthma-care-coverage

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