

Training for OAS+ Educator

Interested in working with children?



A Partnership To Control Asthma In Public Schools

HEALTH EDUCATORS NEEDED

A Partnership to Control Asthma in Public Schools is seeking health educators to teach *Open Airways for Schools* and *Environmental Detectives*, interactive educational programs for second through fifth graders that feature a series of fun and interesting activities.

Interested candidates should possess:

- * willingness to speak in front of a group
- * desire to work with children ages 6-12
- * access to reliable transportation
- * interesting in gaining experience and providing community service

After attending a training seminar, you will be ready to teach children in participating Detroit elementary schools. Classes will be taught in pairs, and teaching times are flexible throughout the regular school day from January through May 1998.

Academic credit is available through the U-M School of Public Health, Department of Health Behavior & Health Education.

For more information, contact Kirsten Jennings at 1-800-990-9814, or email gritten@umich.edu, no later than January 9.

Asthma affects more than 4 million American children. In a classroom of 30, at least two children are likely to have asthma. Over 5000 people die from asthma each year. Asthma is the most common cause of medical admissions to children's hospitals. Asthma is a major cause of school absenteeism. The effects of asthma can almost always be prevented with proper education and medical care. GET INVOLVED!

Tips and Reminders for Health Educators

When you greet the children at the beginning of the lesson, pause and let the children respond to you.

Remember that you are another teacher for these children: they may want to call you Ms. or Mr. rather than by your first name.

You may want to wear a watch or bring a travel clock to keep track of your time.

Don't wear perfume or cologne, and avoid heavily scented hair products or other items that might be a trigger for someone. You might even want to avoid a lot of contact with pets before the class.

Smile, applaud and encourage often!

Use the children's names when addressing them.

The "assistant" should sit outside the group of children so s/he can observe and be available without distracting. Two adults up front might overwhelm the children.

Use vocabulary that the age group you're working with will understand.

You may find it better to ignore some small disruptive behaviors rather than call attention to them.

Be sure to touch on all the health messages in each lesson.

Avoid using the word "experiment;" instead use "let's try."

Avoid using the word "little," as in "little activity" or "little certificate." Instead say, "we're going to do something fun," or "the Asthma Expert certificate."

The word "trigger" may make kids think of a gun. You can use that by showing that asthma triggers start or fire up asthma symptoms the same way a trigger starts or fires the gun.

Try to let the children answer voluntarily by letting silence build, rather than calling on specific individuals. This might put someone on the spot.

Ask what other kids think about questions that come up rather than immediately answering yourself.

If you don't know the answer to a question, say so, and tell the class that you'll find out.

When talking about role models, remind kids that they can be their own heroes by becoming Asthma Experts and learning how to take care of their own asthma.



**A Partnership To
Control Asthma
In Public Schools**

**Open Airways
for Schools
Winter 2001
Training Agenda**

**Friday, February 9, 2001
2:00 - 7:00 pm**

Meet in conference room 5th floor, School of Public Health II

- | | |
|-------------|---|
| 2:00 | Welcome & Introductions—Lise Anderson
Project Overview & History
Asthma in Detroit Schools
Review the program and your packets |
| 2:45 | Video - Asthma |
| 3:00 | Asthma-Smart Presentation—Dr. Randy Brown |
| 4:15 | Demonstration: Spacers, Inhalers & Peak Flow Meters |
| 4:45 | Break |
| 5:00 | Icebreaker |
| 5:35 | Open Airways Modeling: Yvonne video—Lise
(food will be served) |
| 6:15 | Modeling: Lesson 1—Lise |
| 7:00 | Assign lessons for tomorrow
Closing |



**A Partnership To
Control Asthma
In Public Schools**

Open Airways for Schools Winter 2001 Training Agenda

Saturday, February 10

9:00 am - 2:00 pm

Meet in room M1138, School of Public Health II

- | | |
|--------------|--|
| 9:00 | Welcome & Overview of the Day
Explanation of Kits and Logistics—Lise |
| 9:30 | Modeling: Lesson 2 |
| 10:30 | Break |
| 10:45 | Modeling: Lesson 3 |
| 11:30 | Modeling: Lesson 4 |
| 12:15 | Lunch – Panel discussion <ul style="list-style-type: none">• Lori Barer• Robin Martz |
| 1:00 | Modeling: Lesson 5 |
| 1:30 | Modeling: Lesson 6 |
| 2:00 | Closing |



**A Partnership To
Control Asthma
In Public Schools**

**Open Airways
for Schools
Winter 1998
Training Agenda**

**Tuesday, January 20
4:00 - 8:00 pm**

Meet in room M1154, School of Public Health II

- 4:00 Welcome & Introductions—Kirsten & Maggie
 Project Overview & History—Dr. Christine Joseph
 Asthma in Detroit Schools—Dr. Christine Joseph**
- 4:30 Asthma-Smart Presentation—Dr. Randy Brown**
- 5:15 Demonstration: Spacers, Inhalers & Peak Flow Meters**
- 5:35 Break**
- 5:50 Icebreaker: Interview Techniques—Kirsten**
- 6:35 Open Airways Modeling: Yvonne video—Lise
 (Pizza will be served)**
- 7:15 Modeling: Lesson 1—Maggie & Kirsten**
- 8:00 Assign lessons for tomorrow—Kirsten
 Closing**



**A Partnership To
Control Asthma
In Public Schools**

Open Airways for Schools Winter 1998 Training Agenda

Wednesday, January 21

8:30 am - 4:30 pm

Meet in room M1170, School of Public Health II

- | | |
|--------------|--|
| 8:30 | Welcome & Overview of the Day
Video: <i>Asthma in Children</i>
Break into groups to rooms M1170 & M1220 |
| 9:00 | Modeling: Lesson 2 |
| 10:00 | Break |
| 10:15 | Modeling: Lesson 3 |
| 11:15 | Modeling: Lesson 4 |
| 12:15 | Lunch |
| 1:15 | Modeling: Lesson 5 |
| 2:15 | Modeling: Lesson 6 |
| 3:15 | Break—meet back in room M1123 |
| 3:30 | Panel Discussion—Experienced Educators
Q & A Session |
| 4:15 | Explanation of Kits and Logistics—Lise & Kirsten |
| 4:30 | Closing |

Open Airways Training Evaluation
Thursday, January 15, 1998
U-M School of Public Health
Day 1, Session I

Please rate and comment on each section below.

1. Introduction and History of project

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

2. Video—*Asthma in Children*

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

3. Interviewing Techniques

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

4. OAS Modeling Video

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

5. Modeling of Lesson 1

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

7. Asthma-Smart presentation—Dr. Randy Brown

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

Please share any suggestions or questions you have for the remainder of the training in the space below and on the back. Thank you!

Open Airways Training Evaluation
Friday, January 16, 1998
U-M School of Public Health
Day 2, Session I

Please rate and comment on each section below.

1. Demonstration: Using Spacers & Inhalers

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

2. Peer Modeling of Lessons 2-6

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

3. Panel Discussion with Returning Educators, Q & A Session

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

4. Explanation of Kits & Logistics

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

5. Please rate your confidence in your ability to effectively present the Open Airways curriculum.

Very Confident
1

Confident
2

Somewhat Confident
3

Not Confident
4

Comments:

6. Please rate the overall training session (both days).

Excellent
1

Very Good
2

Good
3

Fair
4

Poor
5

Comments:

7. What did you like best about the training?

8. Do you have any suggestions for what could have been done better?

9. List any questions you have that were not covered during the training.

Please share any other comments you have about the Open Airways training session on the back. Thank you!

Open Airways Training Evaluation
Tuesday, January 20, 1998
U-M School of Public Health
Day 1, Session II

Please rate and comment on each section below.

1. Introduction and History of project

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

2. Asthma-Smart Presentation—Dr. Randy Brown

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

3. Demonstration: Using Spacers, Inhalers & Peak Flow Meters

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

4. Interviewing Techniques

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

5. OAS Modeling Video

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

6. Modeling of Lesson 1

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

Please share any suggestions or questions you have for the remainder of the training in the space below and on the back. Thank you!

Open Airways Training Evaluation
Wednesday, January 21, 1998
U-M School of Public Health
Day 2, Session II

Please rate and comment on each section below.

1. Video—*Asthma in Children*

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

2. Peer Modeling of Lessons 2-6

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

3. Panel Discussion with Returning Educators, Q & A Session

Very Helpful
1

Helpful
2

Somewhat Helpful
3

Not Helpful
4

Comments:

4. Explanation of Kits & Logistics

Very Helpful
1

Helpful
2

Somewhat Helpful
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Not Helpful
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Comments:

5. Please rate your confidence in your ability to effectively present the Open Airways curriculum.

Very Confident
1

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Not Confident
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3

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4

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5

Comments:

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