

# GET SUMMER-READY FOR ASTHMA CONTROL

## with *Asthma Blues Mini Camp!*

HOSTED BY ALABAMA ASTHMA AMBASSADORS

Get ready for summer with best practices in asthma self-management. Mini Camp sessions are held on the second Saturday of each month from 10:00 a.m. to 11:30 a.m. Central Time. Registration must be completed by the first Saturday of the month to attend. Registrants will receive Zoom links, along with a complimentary download of the music, song lyrics, and book.



### CTK Clinical Consultants LLC

*"Music With A Message That Matters!"*®



Camps are virtual, led by Al Keith, BA, CRT, AE-C. Through music, "Asthma Blues" empowers people with asthma and their caregivers with evidence-based information, delivers key concepts that help them manage asthma effectively, and equips them with the tools to control asthma.

June 13

July 11

August 8

September 12

Parents Welcome!

Register here by 1st Saturday of the month



Participants should have internet access

Click here to register

REGISTER AT:  
<https://www.surveymonkey.com/r/2026AsthmaBluesNEW>