



Question & Answer Session on AsthmaCommunityNetwork.org Discussion Forum

Please join us in the AsthmaCommunityNetwork.org Discussion Forum for a live online Q&A Session.

3:00 p.m. – 3:30 p.m. EDT

To post a question in the **Discussion Forum**, follow these directions:

1. If you are a Network member, log in to your **AsthmaCommunityNetwork.org** account.

Not a member? Create an account at **AsthmaCommunityNetwork.org** by clicking the "**Join Now**" link at the top of the page. Your account will be approved momentarily, and you can begin posting questions.

- 2. Click on the "Discussion Forum" button on the home page.
- 3. Click on the "Live Online Q&A for 5/28/2020 Webinar" link.
- 4. Click on the "Add new Forum topic" link to post your question.
- 5. Enter your question and click the "Save" button at the bottom of the page.



Introducing the 2020 Award Winners



Children's Hospital Colorado (CHCO)
Breathing Institute (Aurora, Colorado)



The University of Texas Health Science Center at Tyler (UTHSCT) (Tyler, Texas)



Featured Speakers



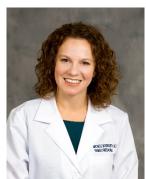
Melanie Gleason, PA-C, Senior Instructor, Department of Pediatrics and Associate Director, School-Centered Asthma Program, CHCO



Paul Sharkey, M.D., Associate Professor of Pediatrics, Department of Allergy and Immunology, UTHSCT



Monica Federico, M.D., Medical Director, CHCO Asthma Program



Michele Bosworth, M.D., FAFFP, Executive Director, The Center for Population Health, Analytics, and Quality Advancement, UTHSCT School of Community and Rural Health; Associate Professor of Family Medicine; Associate Professor of Healthcare Policy Economics and Management



Polling Question 1

What type of organization do you represent?

- 1. Government agency
- 2. Health care provider
- 3. Health plan
- 4. Community-based program
- 5. Other



Learning Objectives

Winners will share information about—

- The evolution of their asthma programs and how they have adapted during the current COVID-19 crisis.
- Successful strategies for effective in-home interventions and critical asthma education.
- Innovative school- and community-based partnerships to further program impacts.
- Data usage to measure key program outcomes and improve return on investment.



About the Award

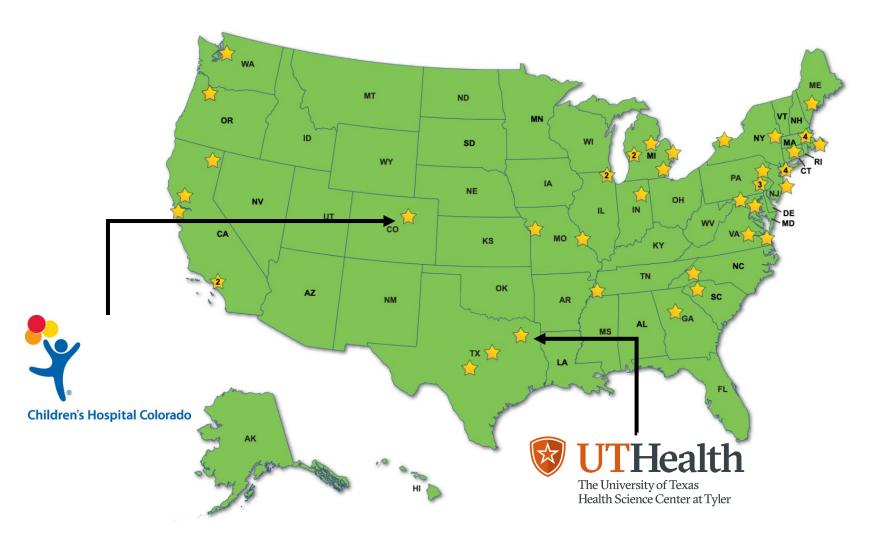


- Nation's highest honor for exceptional asthma management.
- Showcases best practices in asthma care and disease management consistent with national guidelines.
- Highlights programs that coordinate public health, housing, environment, clinical care, health care and community partners to deliver comprehensive care.



Awards Hall of Fame

Since 2005, 48 programs have been inducted into the Awards Hall of Fame.





Environment Plays a Critical Role in Asthma Control

- Federal asthma guidelines recognize environmental trigger reduction as a critical component of comprehensive asthma care.*
- The evidence base demonstrates that in-home environmental interventions are effective at improving asthma control in children and adolescents.[†]

EPA is a federal lead for integration of environmental risk reduction into standards of care.

EFFECTIVE IN-HOME ENVIRONMENTAL INTERVENTIONS

Home-Based

- Includes at least one home visit by trained personnel to improve the home environment
- Examples: community health workers, clinicians, health care providers

Multi-Component

- Includes at least two components, including at least one environmental component
- Activities may include asthma-related education, self-management training, environmental assessment and remediation, social services, coordinated care

Multi-Trigger

 Targets two or more potential asthma triggers, including mice, cockroaches, dust mites, excess moisture and mold, household pets, tobacco smoke

^{*} NHLBI. Guidelines for the Diagnosis and Management of Asthma (EPR-3). 2007. https://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines

CDC. The Guide to Community Preventive Services. 2005. https://www.thecommunityguide.org/



Children's Hospital Colorado (CHCO) Asthma Program

Monica Federico, M.D. Melanie Gleason, M.S., PA-C







Mission of the Asthma Program

To provide excellent, evidence-based care to all families and children with asthma and to coordinate asthma care within our health system, including facilitated transitions of care between primary care providers, specialists and community partners to achieve the best outcomes for children with asthma.



Where Are Asthma Patients Seen?

INPATIENT

CHILD HEALTH CLINIC/ADOLESCENT CLINIC

SCHOOLS, DAYCARES, SPORTS TEAMS

PULMONARY

OPERATING ROOMS, SPECIALTY CLINICS

ALLERGY

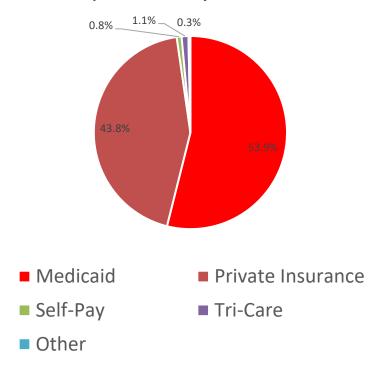
MULTIDISCIPLINARY ASTHMA CLINIC

EMERGENCY DEPARTMENT (ED)

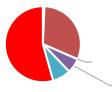


CHCO Asthma Demographics

2018 Inpatient Payers for Asthma



2018 Outpatient Pulmonary
Asthma



- Medicaid (other states)
- Private Insurance
- Self Pay
- Tricare
- CHP+



Data Source: Asthma and Payer Tableau

Community Programs

Breathing Counts
AsthmaCOMP/Colorado Step-Up
Just Keep Breathing
Camps

Primary Care

Child Health Clinic
Adolescent Medicine Clinic
Young Moms Clinic
Primary Care Network
Primary Care Partners

Specialized Care

Pulmonary Allergy Multidisciplinary Asthma Clinic

Care Coordination

Clinical Pathway
Family Navigator in Pulmonary
and MAC
Clinical Effectiveness
partnership

Asthma Program

Coordinated by: Asthma Population Health Steering Committee Medical Director: Monica Federico Clinical Program Coordinator: Joyce Baker

Research

Funded by
National Institute of Allergy and
Infectious Diseases—Inner City
Asthma Consortium
National Heart, Lung and Blood
Institute — PrecISE for severe
asthma

Emergency Department and Urgent Care

Inpatient

Interdisciplinary care with respiratory therapists, nurses, hospitalists, pulmonary and residents

Transition of Care

Inpatient asthma education consult 30-day follow-ups Post-discharge clinic Transition to adult care

Outreach

Breathe Better Reach the Peak Care Alliance Partner and Community-based education EMT education



Key to Access to High-Quality Care: Standardizing Practice

- Standardizing care for specialty and primary care for providers:
 - CHCO Asthma Pathway
- Colorado Pediatric Collaborative 2008-Pediatric Care Network 2016 Asthma Initiative
- Colorado Clinical Asthma Guideline Creation 2012
- Annual asthma educator continuing medical education conference started with the American Lung Association in 2008: Reach the Peak
- Partnerships with other area providers and health care systems to standardize care across Colorado







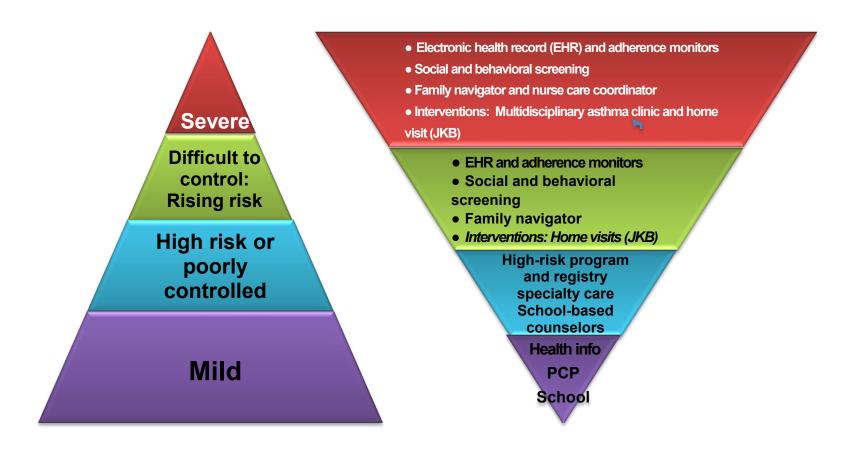








Tiered Model of Care: Directing Resources to the High-Risk Asthma Patients



Data: Inpatient and Emergency Department Health Outcomes Are Better Than National (2018) Data

- Emergency Department Admit Rate: 19%
 - 7-day readmissions

All ED/urgent care visits: 3.9%

Asthma: 1%

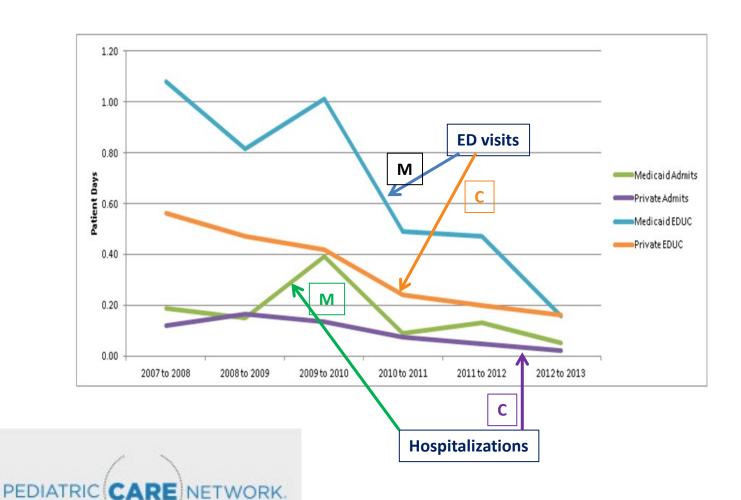
- Inpatient length of stay: 1.9 days
 - 30-day readmissions

All inpatient visits: 8.0%

Asthma: 1.3%



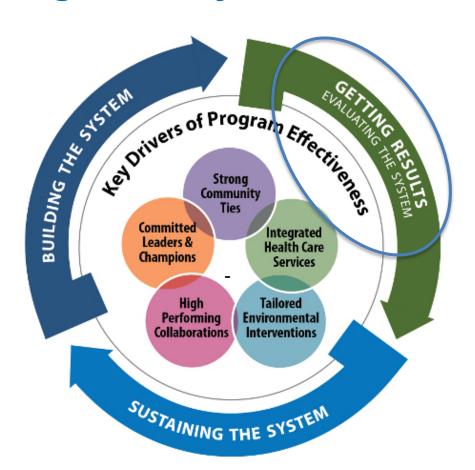
Colorado Pediatric Collaborative Data (2008–2012)



Children's Hospital Colorado



The System for Delivering High-Quality Asthma Care







Our 2012 Needs Assessment Showed Familiar Health Inequities

- HRA demographics:
 - 80% Medicaid
 - 50% Latino
- Needs assessment results:
 High-risk program specialty visits alone did not decrease the risk of returning to the ED/hospital
- Identified barriers were patientspecific and not easily impacted by health care providers, making it difficult to impact health and care in a single clinic visit

Asthma Home Visits: Just Keep Breathing



The team:

- Community health workers
- Medical director
- Program manager
- Full-time nurse







Just Keep Breathing: Overview

- Children 2 to 17 years with an ED visit or inpatient visit for asthma
- Families must be English/Spanish speaking and live within 20 miles of main campus
- Visits are conducted by bilingual community health workers





What Happens During Home Visits?

Five visits per family during the course of 5 to 6 months

- First visit: Nurse and community health worker
- Visits 2 to 5: Community health worker–led home visits
- Visit goals:
 - Asthma education
 - Barrier identification
 - Home environmental assessment
 - Home remediation









Cleaning and Organization

HEALTHY HOME



BASICS

MAKE YOUR OWN KID-SAFE CLEANING PRODUCTS



All Purpose Cleaner

- 1/4 cup white vinegar
- 1 teaspoon borax
- 4 cups water

Mix all ingredients together in a spray bottle. Add 10-15 drops of essential oils for a fresh smell (we suggest orange, lemon or lavender).



Carpet Cleaner

Shake 1 box of baking soda onto the carpet. Let stand for 1 hour, then vacuum.



Roaches

Shake Borax into cracks where roaches have been seen and nearby.



Glass Cleaner

- 1/4 cup white vinegar
- · 2 cups warm water

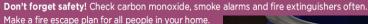
Mix ingredients together, spray onto glass and dry with a clean dry cloth.

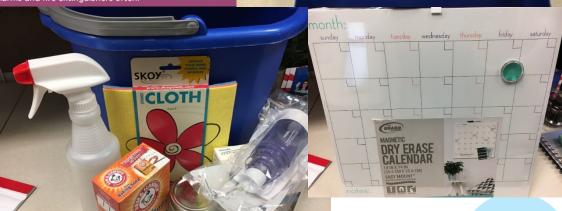


Mold

Scrub mold with a sponge or

clean cloth and white vinegar.





EVENING - NOCHE



Environmental Remediation

"The purifier is working so well, we are no longer experiencing smoke from the neighbors in our home."







More Intensive Interventions



Mold remediation

Roof repair

• Furnaces, pipe foam, caulking...









Who Does the Home-Visit Program Serve?

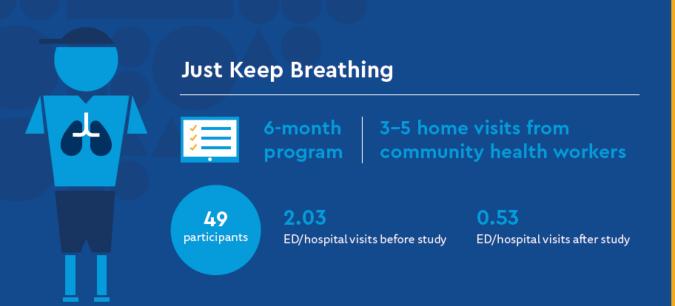
	N=60
Race	
Asian	1 (2.4%)
Black/African American	13 (21.7%)
Other	15 (25.0%)
White	30 (50.0%)
Payor	
Contract	10 (16.7%)
Medicaid	46 (76.7%)
Self-Pay	1 (1.7%)
Ethnicity	
Hispanic or Latino	36 (60.0%)
Not Hispanic or Latino	24 (40.0%)
Sex	
Female	19 (11.7%)
Male	41 (68.3%)
Age in Years	9.71 (3.53)



BREATHING INSTITUTE

Can home visits improve asthma control, reduce healthcare utilization in kids?







Conclusions

PROGRAM INCREASED.

- Asthma control
- Device technique
- Caregiver confidence

SIGNIFICANTLY DECREASED:

 ED visits, hospitalizations during and after program

"A Community Health Worker Led Home Visit Program Integrated into Asthma Specialty Care Decreases Healthcare Utilization and Shows a Sustained Impact on Asthma Control," American Thoracic Society 2019 Annual Meeting, by Monica Federico, MD, Breathing Institute, Children's Hospital Colorado.

Click to read study →



Results:



who did not enroll or only completed one visit



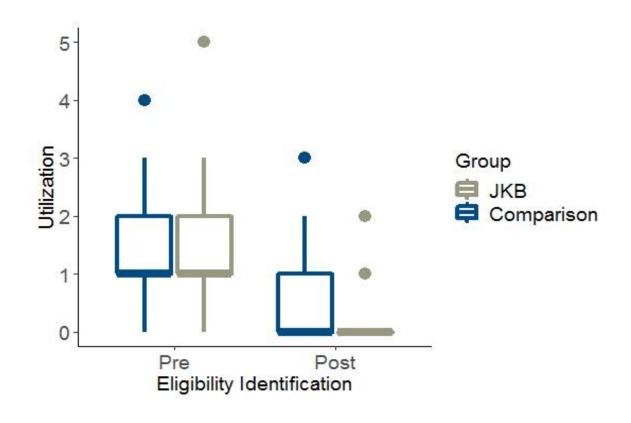
Top barriers to asthma control

55.1% Adherence 24.5% Environment 22.4% Language

36.7% Parent Understanding 24.5% Social Chaos

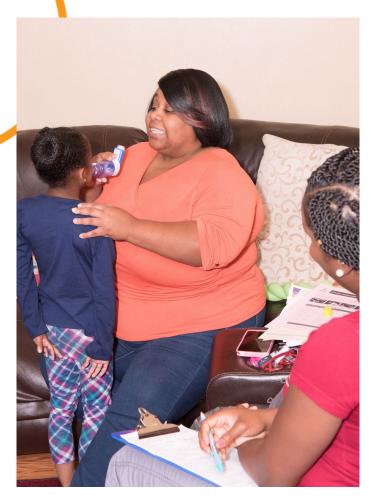


Sustained Decrease in Hospital-Level Utilization (ED or Inpatient) for the 6 Months After Program Completion





Patient and Provider Satisfaction



"I want to make sure that I am giving Naomi the proper care, and this program allows me to do that. They've also increased Naomi's knowledge and confidence. Having asthma isn't quite as scary anymore."

"The program has helped me better manage [patient's] asthma and has helped the both of us come together to control it. [Patient] is now able to play sports without any complications and does not need to use albuterol as often as he used to."

–Asthma provider



School-Centered Asthma Programs



- Asthma affects 1 out of every 12 children in Colorado
 - Some schools have rates more than 3 times the state average
- Collaborative partnerships with schools are successful in reducing asthma disparities
- School-based environmental programs can reach large numbers of students



AsthmaCOMP Team and Community Partners



- School Nurse Asthma Champions
- Colorado Department of Education Regional Nurse Specialists
- National Jewish Health















Colorado School-Centered Asthma Program History





AsthmaCOMP

2006

Asthma counselor
Asthma education
EPA IAQ Tools for Schools

2012

School nurse
Comprehensive asthmacare coordination

2018

Unified approach

Program expansion

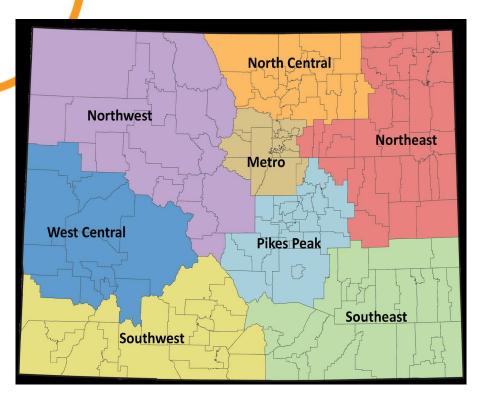
Navigating social determinants of health

Technical assistance

Telehealth



AsthmaCOMP: Students, Districts and Regions Served



Six metro school districts (331 schools)

- Step Up—41 metro schools
 - 84.1%—Medicaid
 - 94.0%—Qualify for FRL
 - 25.9%—Black/African American
 - 66.6%—Latino/Hispanic
 - 11.7%—Primary Spanish language
 - 63.8%—Have high-risk asthma

Five regional hubs

 Coordinated through Colorado Department of Education Regional Nurse Specialists



AsthmaCOMP Key Components: What Do We Do and How Do We Do It?

Fundamental components

- 1. Build partnerships and capacity in school community
- 2. Implement evidence-based asthma management programs
- 3. Technical Assistance program
- 4. Evaluate program (all stakeholders)

Innovative components

- 1. Asthma medical neighborhood (health navigators, school nurse asthma champions, engaged families and support of health care providers)
- 2. Incorporate program steps into the workflow (AsthmaTab, data sets, asthma dashboard)
- 3. Telehealth visits



Asthma Counselors Partner With School Nurses

Serve 10 schools/enroll 40 to 50 students each Implement comprehensive asthma program

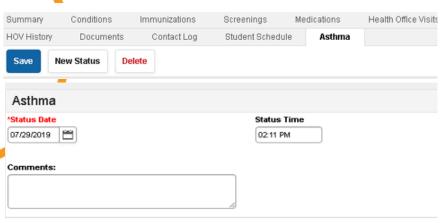






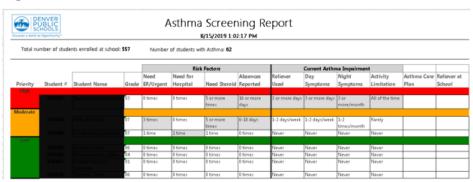






School Level Asthma Report

Page 1



Step Up Asthma Program

Building Bridges Asthma Program

Colorado Asthma Care Plan

Quick Relief Inhaler at School

Inhaler Technique

Asthma Education: What is Asthma

Asthma Education: Symptoms

Asthma Education: Self-Care

District Level Asthma Report

Page 1

Asthma Education: Triggers

Asthma Education: Medications

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		209	1	9 71	K	4	21%	2	50%		%	92%	0%	0%	1%	09%	9%	0%			
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		571	5	3 99	6	26	53%	3.0	36%	90	*	95%	1%	4%	13%	10%	54%	0%			
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Environmental Strategies: EPA IAQ Tools for Schools

- Multidisciplinary team
- Asthma prevalence/ absenteeism
- Walk-through checklists
- Recommendations/plan
- Regional EPA Award Sustainability—Denver Public Schools 2020 Healthy Schools















AsthmaCOMP Impact on School-Based Asthma Management







INCREASED ASTHMA CARE PLANS AT SCHOOL FROM 5–10% TO MORE THAN 65%



IMPROVED ASTHMA SELF-CARE SKILLS



IMPROVED
ADHERENCE WITH
CONTROLLER
MEDICATION



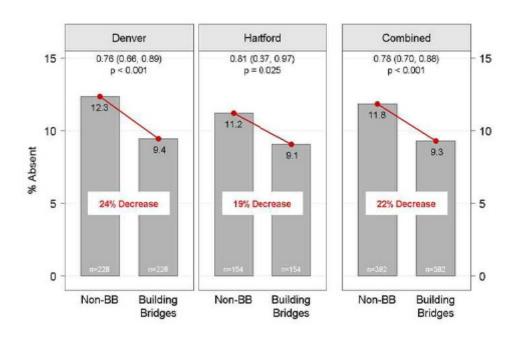
Step-Up Asthma Results 2015 to 2016

		eline 585	End of Year 1 N = 546		
	Number	%	Number	%	
Hospitalizations	64	10.9%	16	2.9%	
ED Visits	239	40.9%	67	12.3%	
Controlled Asthma	371	63.4%	447	81.9%	
No Limited Activity	218	37.3%	310	56.8%	
No Impact on Grades	316	54.0%	425	77.8%	



Building Bridges: Reduction in School Absenteeism

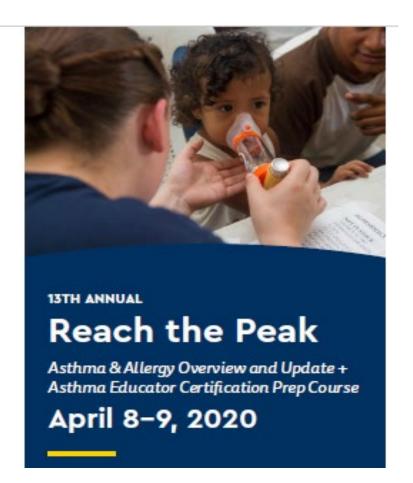




Ref. Szefler SJ, Cloutier M et al, J Allergy Clin Immunol 2019;143:746-54.



Partnerships:
Education Programs
for Providers,
Nurses, School
Nurses, and
Respiratory Therapy





















Partnerships for Community Education



Next Frontier

PEDIATRIC TELEMEDICINE

Where telehealth becomes just excellent healthcare

Telehealth in schools

Telehealth in homes

Telehealth for patient navigation

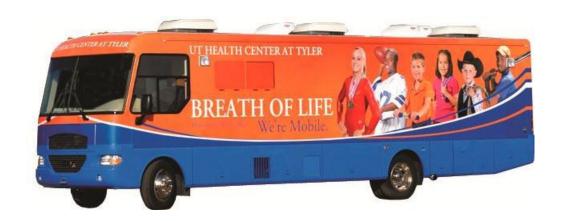
Telehealth for asthma education





The University of Texas Health Science Center at Tyler (UTHSCT) Breath of Life Mobile Asthma Program

Paul Sharkey, M.D. Michele Bosworth, M.D.







Background













Breath of Life Mobile Pediatric Clinic (BOLMPAC) Services

- Asthma diagnosis and treatment
- Allergy testing, diagnosis and treatment
- Treatment of asthma comorbidities
- Spirometry
- Patient and family education
- Asthma symposium conferences
- Speaking engagements at area school districts









BOLMPAC Team Members

Our Team

- Administrative supervisor
- Supervising allergy immunology physician
- Nurse practitioner
- Licensed vocational nurse
- Community health worker









Population Served

- Goal: Go beyond traditional health care delivery model and bring care to the patients while decreasing barriers to care:
 - Cost (visit/testing/medication)
 - Transportation
 - School absenteeism
 - Parent work absenteeism
- Demographic:
 - 75% government funded or uninsured
 - 43% African American
 - 29% Hispanic
 - 25% White
- 2,500 patient visits annually







Partners

- Inaugural year: 2008–2009
 - Two independent school districts in the Tyler, Texas, area (five schools)
- By 2019: 50 local school districts in a 19-county area in Northeast Texas
- 1115 Waiver/Delivery System Reform Incentive Payment Program (DSRIP)
 - Partnered with Christus St. Michael Hospital System
 - Second BOLMPAC







Patient Identification

- Community health workers and school nurses
- Self-referrals
- Health fairs
- Community events
- Physician referral



" Painting for Saints " by Banksy 2020

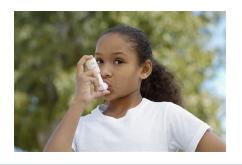




Asthma in Northeast Texas

Texas

- Texas: \$150 million dollars in annual Texas health care costs
- 7% of children have asthma



Northeast Texas

- Mostly rural
- 14% of children have asthma
- Higher smoking rates
- Higher pollution, pollen and mold exposure
- Fewer primary care providers

Burden of Disease Fact Sheet. DSHS. 2016





Addressing Disparity

- Majority schools visited: Title I, serving low-income students
- Original <u>12 counties demographics</u>:
 - 10 designated by U.S. DHHS as Medically Underserved Areas
 - 38% population rural
 - 25% under age 18
 - 30% of children living in poverty
- Patients served:
 - Male (56.67%)
 - African American (38.16%)
 - Medicaid (69.56%)

 African Americans 3x the normal state rate for hospitalizations compared to Whites and Hispanics*

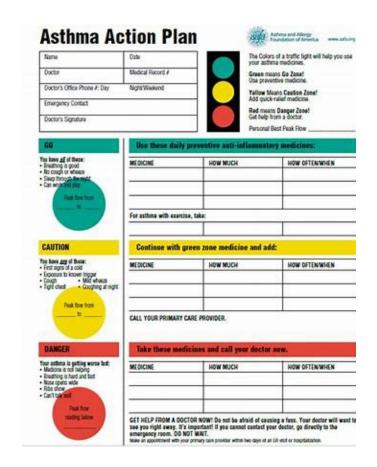
*Burden of Disease Fact Sheet. DSHS. 2016





Asthma Management Approach

- National Institutes of Health EPR-3 Guidelines
 - EHR templates
 - Spirometry and physical exam
 - Asthma classification
 - Asthma control test (ACT): symptom severity
 - Asthma action plans
 - Patient and guardian education
 - Medication use
 - Environmental triggers
 - Self-monitoring (use American Academy of Pediatrics)
- Because asthma and environmental triggers go hand in hand, all patients receive allergy testing and treatment, if indicated, on assessment

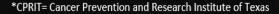






Environmental Services Offered

- · Allergy Testing
 - · Medication management
 - Home modification education
 - · Behavioral and lifestyle modification education
 - BOLMPAC team supervised by Allergy & Immunology Physician
- Tobacco Cessation
 - CHW delivered via CPRIT*/MD Anderson** grant
- · Home Assessment Visits
 - BOLMPAC CHW
 - · Resource assessments
- Indoor Contaminant Assessment Component
 - · Asthma triggers
 - Began in 2018
 - Community Health Worker (CHW)



^{**}University of Texas MD Anderson Cancer Center







	-	• :	
Smoking History			
Tobacco status	Current Every Day Smoker	Never Smoker	Heavy tobacco smoker
	Current Some Day Smoker	Smoker, current status unknown	Light tobacco smoker
	Former Smoker	Unknown if Ever Smoked	Smokeless Tobacco User
Smoker in Home or Car?	○ Yes	○ No	
Interested in quitting?	○ Yes	○ No	
Quit Date (former smoker only)			
	Mumber of pack-years = (packs smoked per day) × (years as a smoker)		
# Packs day? (Avg)	3		
# Years smoked? (Est)	3		
Pack years	1		
Type of Tobacco	Cigarette	Pipe	E-Cigarette
	Cigar	Snuff/Chewing tobacco	other
Other smoking methods	Vaping	Marijuana	other •

Triggers			
Knows what aggravates asthma	O Yes	() Unsure	O N/A
'Aggravates breathing problems	Cigarettes	Cats	other animals
	Smoke	Dogs	Weather changes
	Cold Air	Mold	Menstrual periods
	Colds	Grass	Medicines
	Exercise	Weeds	Strong emotions
	Dust	after a rain	other
	Dust Mites	Heat	N/A
	Trees	Strong smells	
Able to avoid irritants	O Seldom O Sometimes	O Most of the time	O WA
Response to Therapy	<u> </u>		
Asthma meds make me feel	O Worse O No Different	() A Little Better () A Lot Better	O WA
Additional Information			
	¥		

Problems									
Family Medical History									
Allergies									
Allergies to medications	CODEINE PHENERBEL S								
Allergies to foods									
Allergies to animals									
Allergies to insects									
Allergies to plants									
Skin testing / RAST									
Allergy shots									
Allergy triggers									
Seasonal allergy triggers									
Environmental history									
Type of home	House Mobile home Apartment Condo Other								
Location of home	City Suburb Rural Other								
Type of heat	Gas Oil Wood Electric Wood stove Fireplace Other								
Air-conditioning	Central air Window unit Fan Other								
Air filters/cleaners	○ Yes ○ No	Other							
Humidifier	○ Yes ○ No	Other							
Bedroom floor	Carpet Wood Other								
Living room floor	Carpet Wood Other								
Animals in home									
Mother smokes	○ Yes ○ No	Other							
Father smokes	○ Yes ○ No	Other							
Does anyone smoke indoors	○ Yes ○ No								
Potted plants	○ Yes ○ No	Other							
Cockroaches	○ Yes ○ No	Other							
Other 🖺									
Maternal Hx									
Birth History									
+ Food Security									

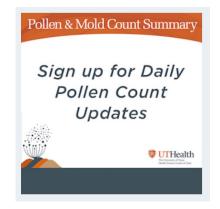


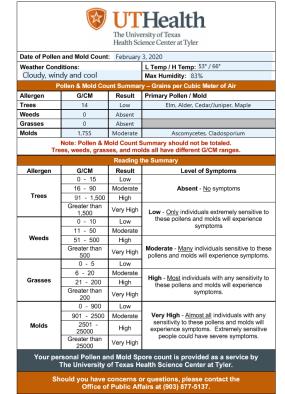














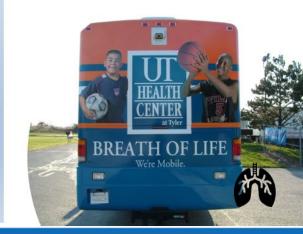




Pilot BOLMPAC Health Outcomes 2008-09

- 144 patients with evaluable data
- Follow-up rates were poor
 - 38% total
- No hospitalizations in any patients
- Most patients improved asthma control
 - · 92% improved control in Tyler schools
 - · 85% mild intermittent in Tyler schools by second visit
 - · Control not as good in Winona schools
 - 41% improved, 41% same, 18% worsened
 - 24% mild intermittent, 23% mild persistent, 24% moderate, 29% severe
- In Tyler schools, decreases in:
 - · Missed school days 3:1
 - ER visits 4:1
 - Oral steroid bursts 10:1
 - · No hospitalizations unchanged
- In Winona schools, decreases in:
 - · Hospitalizations 9:0
 - Missed school days 3:1
 - · No changes seen in ER visits or oral steroid bursts





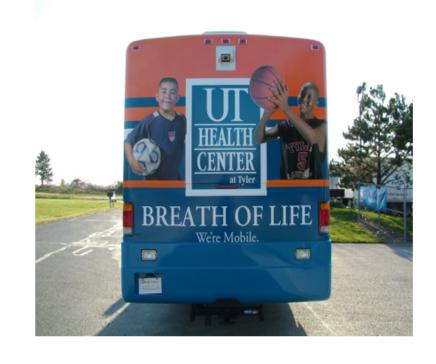




Oct 2013-Feb 2016 BOLMPAC Data

- Self-reported Data
- 1135 unique patients seen
- 870 diagnosed with asthma
 - 339 returned for follow-up (39%)
 - Data evaluated in 16.3% within allowable time frame (10-14months)
 - Mean age 9yrs N = 870

Gender	Ethnicity		Asthma Severit	Payer	
Male 57%	African American	38%	Mild Intermit.	43%	Unfunded 26%
Female 43%	Caucasian	32%	Mild Persist.	28%	Funded 74%
	Hispanic	29%	Mod Persist.	24%	
	Unknown	9%	Severe Persist.	5%	





50% reduction in ED visits



20% reduction in missed school Days







Current Data 2016–2019

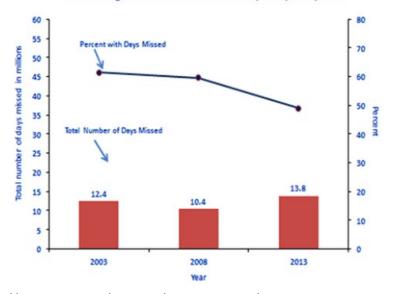
Average missed school days/patient/year: 1–1.3/year

Steroid bursts/patient/year: 0.3–0.5/year

ED visits/patient/year: 0.17–0.34/year

Hospitalizations/patient/year: 0.01–0.03/year





https://www.cdc.gov/asthma/asthma_stats/missing_days.htm







Continuity of Care Continuum



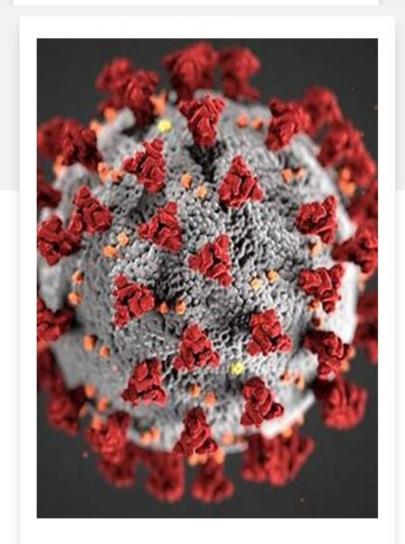
- All of UTHSCT's primary care clinics are accredited by the National Committee for Quality Assurance (Patient-centered medical homes [PCMHs])
- If appropriate geographically to BOLMPAC patients without primary care physicians, they are referred into those PCMHs
- GOAL: Improve referral into primary care





COVID-19 Accommodations

- · Telehealth Visits
- Established patients
- · Occupational Health Evaluation







Sustainability and Future Plans

Funding

- Health Resources & Services Administration Grant + UTHSCT>UTHSCT>DSRIP/1115 Waiver + Philanthropy + UTHSCT
- Our most recent donation for \$40,000
 - "Committed to the sustainability of BOLMPAC"
- UTHSCT School of Community Health and Rural Health
 - Request Center for Medicaid & Medicare Services funding for community health workers

Future

- Assist independent school districts with education and implementation of school asthma management programs
- Improve continuity with primary care
- Grant proposal with UT System partners; strategic scheduling of BOLMPAC visits based on predicted greatest risk and need





Thank you!







Question & Answer Session on AsthmaCommunityNetwork.org Discussion Forum

Please join us in the AsthmaCommunityNetwork.org Discussion Forum for a live online Q&A Session.

3:00 p.m. - 3:30 p.m. EDT

To post a question in the **Discussion Forum**, follow these directions:

1. If you are a Network member, log in to your **AsthmaCommunityNetwork.org** account.

Not a member? Create an account at **AsthmaCommunityNetwork.org** by clicking the "**Join Now**" link at the top of the page. Your account will be approved momentarily, and you can begin posting questions.

- 2. Click on the "Discussion Forum" button on the home page.
- 3. Click on the "Live Online Q&A for 5/28/2020 Webinar" link.
- 4. Click on the "Add new Forum topic" link to post your question.
- 5. Enter your question and click the "Save" button at the bottom of the page.